



Integrative Health: Applied AnthroMedicine Training

A 6-module course

YOUR INVITATION

**ESPECIALLY FOR DOCTORS, NURSES, THERAPISTS,
THERAPEUTIC EDUCATORS AND SOCIAL CARE PROFESSIONALS.**

Discover the integrative AnthroMedicine system and how it can address illness, build resilience and support wellbeing

Extend your practice with effective therapeutic tools based on an integrative understanding of health and illness.


Explore key AnthroMedicine concepts in an accessible, practical way.

Using an innovative systematic approach, participants will:

- learn a new way of looking at health and illness
- begin to prescribe [doctors only] and use anthromedicines with confidence
- plan effective individualised therapeutic interventions
- optimise lifestyle advice
- enhance multi-disciplinary working



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Previous participants said:

"Meeting like-minded people, (learning the) principles and how they relate to my own practice was very useful. The initial medicines allow me to start straight away."

"Can relate to our residents (care home); happy to use more in my workplace and private life."

Limited spaces

please reserve your place as soon as possible.

How will it be delivered?

- **60 hours face-to-face teaching** across 6 modules, over 7 months
- **practice-based learning logs** to support and evidence progress between modules

Venue: Murtle Estate, Bielside, Aberdeen, AB15 9EP
Argent College, Vittoria Street, Birmingham B1 3PE

Costs: The cost of the course is **£1200** [for 6 modules each 2 days]. This includes handouts, materials for practical sessions and certificate of attendance. (Participant to bring own lunch)

Dates: First module: 31 August / 1 September 2019 Aberdeen
7/8 September 2019 Birmingham
Final module: 21/22 March 2020 Aberdeen
28/29 March 2020 Birmingham

Sponsored places: Weleda UK are part-sponsoring 6 places. Please contact admin@cwt.scot for details and application form.

Delivered by CWT in collaboration with Weleda UK and Ruskin Mill Trust.

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re-imagining potential


Camphill Wellbeing Trust

For more information, please visit:

www.camphillwellbeing.org.uk or contact admin@cwt.scot